



Societatea Română de Etnofarmacologie (SRE)  
vă invită la :

MASA ROTUNDĂ cu tema:

**PLANTELE MEDICINALE ȘI AROMATICE  
ÎN FITOMEDICINA ACTUALĂ**

ȘIRNEA 24-26 IUNIE 2022  
PENSIUNEA „Valea cu Struți“





# ROUND TABLE SCHEDULE

## FRIDAY 24 OF JUNE 2022

Arrival in Sirnea, accommodation, guest registration.

14 o'clock – Lunch – for those who want it (on request at the hotel)

16 o'clock – Midsummer day...rediscovering special plants and places in Sirnea's biodiverse landscape.

### 18<sup>30</sup> - A run-down of recent events – *prof dr Angela MĂRCULESCU*

- Biovallee France – March 2022 – Contributions of SRE partners, collaborations – companies and associations from France
- **Ethnopharmacologia** Journal SFE-SEE, special number dedicated to the anniversary symposium SRE 2021
- **Books and products talk**
- Treatise on PHYTOMEDICINE – *Alin-Mihai Scarlat, Monica Tohaneanu*
- Communication in Creation - *Alin Mihai Scarlat*
- Food supplement guide Top 5 - *Tatiana Onisei si colab. IBA*
- A guide for medicinal plant identification and harvest - *Mircea Tămaș și colab.*
- Le chemin des herbes – de Midi a l'Atlantique, 2022, *Thierry Thevenin - France*
- Les plantes du chaos - 2022, *Thierry Thevenin; Ateliers de formation* connaitre, transmettre et preserver
- *20 years of Romanian Ethnopharmacology - A.Mărculescu, G. Olteanu. Editura - Dacia Plant*

- *Stand of products Hofigal, PlantExtrakt, PharmaNord, Carpatica Plantextract, Farmacia Faltis, ,Pro-Natura, EcoCatena, etc*
- **Special moment** – Director Councilor update
- **Dinner- welcoming glass and members reunion**

## **SATURDAY 25 OF JUNE 2022**

8.30 9.30 - Breakfast

**9.30 - 12 The opening of the event**

### **Specialist presentations: *PHYTOMEDICINE TODAY***

- 1. Dr.med. Alin-Mihai SCARLAT - *Human microbiome and antibiotic abuse, Prevention and treatment with phytomedicine - products, results***
- 2. Interventions:** consumption of food supplements under medical supervision, education and prevention for consumers, prevention and treatment with natural products in pandemic, phytotherapy offices treatments and results; family doctor - patient and phytotherapeutic products, Phytomedicine courses in Romanian medical schools, NMA regulations for the approval of traditional medicine, etc.  
*Conf.dr.farm. Ladislau Rosenberg, Dr.med. Cristina Cîmpean, Drd.med. Anca Lăcătuș, Dr. med. Lorena Dima... și alți participanți*

## 12 – 12.15 Coffee break

### 12.15- 14.00 Presentations in the field: QUALITY OF VEGETABLE RAW MATERIALS

1. **Prof.dr.farm. Daniela HANGANU**, Cerasela Gîrd, Irina Ielciu, Nely Olah, C.Toma, T. Onisei, G.Vlăsceanu, P.Bârzan, C.Drăgulesu, A. Mărculescu - *National quality sheets – plant ingredients used in food supplements and pharmaceuticals - presentation Model sheet and current status.*
2. **Prof.dr. Constantin DRĂGULESCU** - *Aspects regarding the harvesting and capitalization of medicinal and aromatic plants. Risks in biodiversity conservation.* (harvesting regulations, courses for harvesters, transfer to culture)
3. **Debate:** indigenous or imported medicinal plants, spontaneous flora cultivation technologies, thematic gardens, collections, BIO crops, new technologies for plant raw materials, EU harmonization of plant lists, legislative regulations on plant raw materials,

## 14 - 15 Lunch

## **15<sup>15</sup>–18 Presentations in the field: PRODUCTS AND MANUFACTURERS**

- 1. Dr.Biol. Tatiana ONISEI IBA – IBA Notified Products, Manufacturers of Herbal Food Supplements (National and EU Producer Regulations and Notification Documentation)**
- 2. Debate:** Raw materials and product technologies (food supplement, phytotherapeutic product), quality control laboratories (biology, biochemistry, microbiology, pharmacodynamics, clinical testing), doctor in production units, pharmacy as a distributor - between pharmacovigilance and self-medication, etc. - representatives of the producers: PlantExtrakt, Hofigal, Dacia Plant, ProNatura, Fares, PharmaNord, ECOCatena, Farm.Faltis, Farmacia Tei, other participants . . .

## **18 – 18.15 Coffee break**

### **18.15 20 Proposals, discussions, conclusions and work teams for the ongoing objectives of RES**

- 1. Prof.dr. Liviu GACEU, prof.dr. Mihaela BADEA, conf.dr. Gabriela VLĂSCEANU Research projects - valorization of natural resources. Funding sources for projects (eg quality sheets for plant raw materials)**  
**TRAINING COURSES, professional skills, advanced training** in Phytomedicine and Nutrition - faculties of medicine, pharmacy, agronomy, food - doctors, pharmacists, experienced teachers, etc.

**SUMMARY** - contact details: purchasing centers and manufacturers of medicinal plants and plant raw materials, manufacturers of food supplements and phytopharmaceuticals, control laboratories, research centers, profile faculties, health food stores, specialized pharmacies, clinics, phytotherapy offices, aromatherapy, etc.

## **Ideas for the 2023 Symposium**

### **20.00 Traditional dinner**

### **SUNDAY 26 OF JUNE 2022**

**8.30 – 9.30 Breakfast.** The program of the day is flexible according to the interests of each participant. We can continue with establishing new collaborations, team works, course proposals, etc.

### **9.30– 12 pm** Visit to the "*Nicolae Fruntes*" Ethnographic Museum

Visit to the "De Şirnea Experience" Tourist Activities Center. Companions and children can benefit from the permanent activities organized by the "De Şirnea Experience" (site) horseback riding, guided walks to tourist attractions, bike trails, e-bike trails, craft shops , traditional products. Participation in the traditional holiday - Measuring milk!

*Şirnea, 15. Mai 2022*

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*Vă așteptăm cu drag!!*

*Societatea Română de Etnofarmacologie*  
*etnofarma.ro*